

Moscow Balint Society
Member of the International Balint Federation (IBF)



THE NINTH WORLD CONGRESS FOR PSYCHOTHERAPY
«Psychotherapy in Helping Citizens, Families, Communities
and the Society in the Time of Coronavirus Pandemic»,

JUNE 26-29, 2020
(online and offline)



PRE-CONGRESS:
THE FOURTH INTERNATIONAL SCIENTIFIC AND PRACTICAL
BALINT CONFERENCE

(The First International Online Balint Conference)
"New Possibilities of Balint Groups. Coronainnovations"
JUNE 24-25, 2020

Leading experts were invited to run Balint group sessions.
The experts' presentations were postponed till next year.

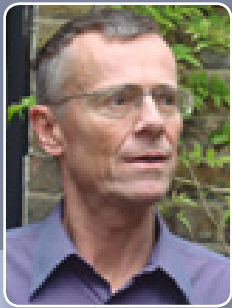
The leaders of small Balint groups:



Dr. Guido Flatten,
PD Dr. med. M.A., German Balint-Society President, The International Balint Federation Vice President, Psychosomatics and Psychotherapy Institute Director (Aachen, Germany), M.A. supervisor and coach (SG/ DGSV), supervisor (EMDR/IA)



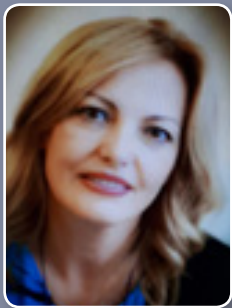
Dr. Caroline Spencer Palmer,
The UK Balint Society President



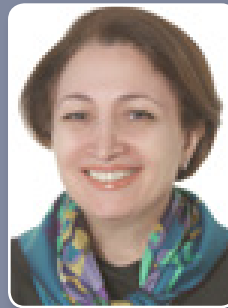
Dr. David Watt
MB ChB, B Med-Sci, Permanent President of the UK Balint Society



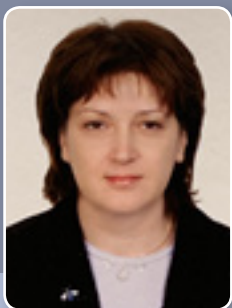
Dr. Norbert Guenzel,
GP, Psychosomatic and Psychotherapeutic Medicine Specialist, Member of DAGG and DGPM, German Balint Society Member, IBF Member



Dr. Rosa Sapic,
PhD, Psychiatrist; Associate Professor, Belgrade's High School for Social Work; Serbian Balint Society President



Anzhela Avagimyan,
Associate Professor, Chair of Nursing Management and Social Work, Institute of Psychology and Social Work, FSAEI HE I.M. Sechenov First Moscow State Medical University; Medical Psychologist, No1 N.A. Alekseyev Psychiatric Clinic; Moscow Balint Society President



Elena Leiko,
Psychologist, Official Teacher of the International Level (PPL), Leader and Supervisor Of the Balint groups (PPL), Member of the Balint societies of UK and Germany, Moscow Balint Society Vice-President

IN CONNECTION WITH THE PANDEMIC, THE ORGANIZERS OF THE CONFERENCE DECIDED TO INVITE LEADING PSYCHOLOGY EXPERTS TO DELIVER PRESENTATIONS ON RELEVANT PROFESSIONAL TOPICS.

Due to the fact that conference participants and the experts are from different time zones and to keep within a convenient time for everyone, presentations will be broadcast during breaks. Recorded versions of presentations will also be available.

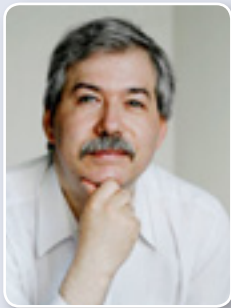
CONFERENCE SPEAKERS:



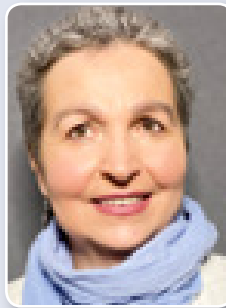
ASYA BERBERYAN,
Professor, Doctor of Psychology,
Head of the Psychology Chair
of Russian-Armenian (Slavonic)
University (Yerevan, Armenia)



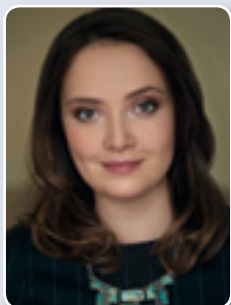
SERGEY ENIKOLOPOV,
PhD in Psychology; Head of the Medi-
cal Psychology Department, Scientif-
ic Center of Mental Health; Associate
Professor, the Chair of Neuropsychology
and Pathopsychology, M.V. Lomonosov
Moscow State University Psychology De-
partment; Head of the Chair of Criminal
Psychology, Moscow State University of
Psychology and Pedagogy, Department
of Juridical Psychology



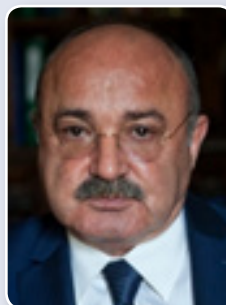
DMITRY LEONTIEV
Doctor of Psychology, Head of
the HSE University's Interna-
tional Laboratory of Positive
Psychology of Personality and
Motivation;
HSE University Professor, Head
of the Laboratory of Person-
al Development Problems of
People with Disabilities, Moscow
State University of Psychology
and Pedagogy



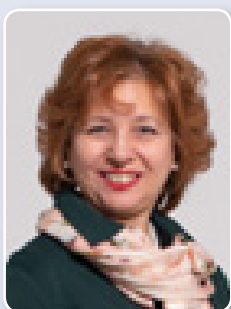
NINA LAVROVA,
Professor of Russian Academy of Natural
Sciences;
Psychotherapist, the Unified Registry
of the European Association of Psycho-
therapy; PPL Mediation Committee Chair,
Head of the Systemic Family Psychother-
apy (Eastern Version) Modality, Accredited
Consulting Personal Therapy Trainer,
PPL Supervisor;
PPL-certified International Level Train-
er; Head of the Chair of Mediation and
Conflict Resolution, Institute of Practical
Psychology Imaton, Director of Alliance
Psychoanalytic Center, St. Petersburg.



EKATERINA MAKAROVA
Psychoanalyst, Head of the Cen-
tral Council Committee of the
All-Russian Professional Psy-
chotherapeutic League (PPL) for
Personal Therapy, PPL-certified
personal consulting therapist;
PPL-accredited supervisor,
international level PPL trainer,
PPL International Section Chair,
World Psychotherapy Council
Youth Section Chair;
Doctoral Candidate, Sigmund
Freud University Vienna;
MSc., Moscow, Russia



RESHETNIKOV MIKHAIL.
Professor, Doctor of Psychology, PhD
in Medicine, honored scientist of the
Russian Federation, founder and rector
of the Eastern European Institute of psy-
choanalysis. President of the European
Confederation of psychoanalytic psycho-
therapy.



NATALYA FOMINA,
PhD in Psychology, Associate
Professor, Chair of General and
Clinical Psychology, Volga State
Medical Research University of
the Russian Ministry of Health,
Nizhny Novgorod

**THE FOURTH INTERNATIONAL SCIENTIFIC AND PRACTICAL
BALINT CONFERENCE PROGRAM**
((THE FIRST INTERNATIONAL ONLINE BALINT CONFERENCE))

June 24, 2020:

10.30 - 11.00 – INTRODUCTORY REMARKS: conference organizer A. AVAGIMYAN

OPENING SPEECH:

President of the All-Russian Professional Psychotherapeutic League, President of the National Self-Regulatory Organization Union of Psychotherapists and Psychologists, President of the Asian Federation of Psychotherapy, Vice President of the World Council for Psychotherapy, Head of the Department of Psychotherapy and Sexology of the Russian Medical Academy of Continuing Professional Education, Doctor of Medical Sciences, Professor V. MAKAROV

GREETINGS:

Dr. Michèle Parée- The International Balint Federation President (Video greeting)

Professor, Doctor of Medicine Georgiy Kostyuk - Chief Visiting Psychiatrist of Moscow, Head of No1 N.A. Alekseyev Psychiatric Clinic

Professor, Doctor of Psychology, PhD in Medicine, honored scientist of the Russian Federation Mikhail Reshetnikov - founder and rector of the Eastern European Institute of psychoanalysis. President of the European Confederation of psychoanalytic psychotherapy.

PhD in Medicine, Natalia Kasimovskaya- the Head of the Chair of Nursing Management and Social Work, Institute of Psychology and Social Work, Sechenov First Moscow State Medical University

Doctor of Psychology Asya Berberyan - Professor, the Head of the Psychology Chair of Russian-Armenian (Slavonic) University, Chair of PPL Armenian Branch, the International Academy of Psychological Sciences Armenian Branch Chair

Irina Khanamiryan, Phd, Psychologist-Counsellor of YSU Center of Applied Psychology, Assistant Professor, Chair of Personality, YSU, President of Armenian Balint Society.

Dr. Guido Flatten – IBF Vice President, German Balint Society President

Dr. Caroline Spencer Palmer - The UK Balint Society President

Dr. Rosa Sapic - Serbian Balint Society President

Ekaterina Makarova - Head of the Central Council Committee of the All-Russian Professional Psychotherapeutic League (PPL) for Personal Therapy, PPL-certified Personal Consulting Therapist, PPL-accredited Supervisor, International Level PPL Trainer, PPL International Section Chair; World Psychotherapy Council Youth Section Chair

11.10 – 13.10 – 1 small Balint group (6 parallel Balint group sessions)

13.10 – 13.40 – break

Professor, Doctor of Psychology Asya Berberyan's report: "Distance Learning in the Higher Education System in a Pandemic: Challenges and Opportunities" (video recording)

The report focuses on the psychological and pedagogical aspects of distance learning in the higher education system in a pandemic. The main issues in current extreme situation are organizational and technical difficulties, problems of communicative interaction, etc., caused by the fact that distance learning has not become a global cultural practice. A dramatic change in the format of education for the vast majority of universities has become a forced experiment that could trigger development in the higher education system in terms of digitalization. The specifics of distance learning, the advantages and disadvantages of training for students in an emergency situation are detailed. The report offers conclusions and recommendations based on the results of an empirical study.

13.50 – 15.30 – 2nd small Balint group

15.30 – 16.30 – break

Doctor of Psychology, Professor Dmitry Leontiev's report: (The title will be announced later). (live broadcast)

16.30 – 18.30 – Large Balint group (fish tank)
Group leaders – A. Avagimyan and E. Leiko

June 25, 2020:

10.30 – 12.10 – 3rd small Balint group

12.10 – 13.10 – break

Professor, Doctor of Psychology, PhD in Medicine, honored scientist of the Russian Federation, founder and rector of the Eastern European Institute of psychoanalysis. President of the European Confederation of psychoanalytic psychotherapy Reshetnikov Mikhail's report: "Individual strategies for overcoming the crisis" (video recording)

PhD in Psychology, Associate Professor Natalya Fomina's report: "A Doctor's Verbal Intention in Building a Therapeutic Dialogue with a Patient" (video recording)

The report focuses on the problem of communicative competence of doctors and medical students - future doctors - based on the analysis of verbal communication. The intent analysis of spontaneous dialogic speech was adopted as the leading research method, which made it possible to identify the semantic positions of doctors in dialogue with patients. The work proves that the doctors' patient-orientedness is already manifested in their speech at the level of intentions, which is reflected in their verbal interaction with patients. Relationships between the specifics of doctors' speech behavior and the communicative characteristics of the person are revealed. Aspects of work to develop communication skills of future and practicing physicians are determined.

13.10 – 14.50 – 4th small Balint group

14.50 – 15.50 – break

PhD in Psychology, Sergey Enikolopov's report: (The title will be announced later). (video recording)

15.50 – 17.30 – 5th small Balint group

17.30 – 18.30 – break

E. Makarova's report: "The Establishment of Personal Therapy in the Modern Local Professional Community" (video recording)

The report focuses on personal therapy as a form of an integrated psychotherapeutic process aimed at understanding the personality of a helping professional, improving the quality of his work and preventing professional "burnout". The report will highlight the main directions of the formation of a multimodal model of personal therapy and the establishment of supervision for personal therapists. Modern standards for understanding the practice and theory of personal therapy will be examined. The author will cover the specifics of working with helping professionals and present the latest concepts of training personal therapists.

Professor of Russian Academy of Natural Sciences Nina Lavrova's report: "Integration of Meditation into Balint Group Sessions during the Coronavirus Pandemic" (video recording)

The report deals with an integrative approach to the selection of tools to restore intrapersonal well-being and overcome uncertainty and inconsistency in relations with others. Balint group leaders control the dynamics of the group and use a set of advisory methods to employ the support of specialists in difficult professional situations. The report considers the prospect of integrating meditation into Balint group sessions. The emotional toll on helping professionals increases in the context of the coronavirus pandemic with the growing uncertainty and inconsistency of life circumstances. Meditation is an environmentally friendly way to resolve disputes through an independent mediator. The use of meditation is of particular relevance when conducting Balint groups during the coronavirus pandemic. Anzhela Avagimyan's report: "Pre-adaptation of Helping Professionals in the Coronavirus Pandemic Situation" (video recording)

The report focuses on pre-adaptation and self-determination of a person in a situation of a coronavirus pandemic as well as the possibility of providing support to helping professionals in an extreme situation and a situation of uncertainty in current times and in the near future.

18.30 – 20.00 – round table discussions "Pre-adaptation of Helping Professionals in the Pandemic Situation," "Coronavirus innovations: Online Balint Groups – Contemporary Challenge".

Conference speaker's Q&A session.
Adoption of conference resolution.
Conference closure.

**ORGANIZERS AND SPONSORS OF THE CONFERENCE ARE
Angela Avagimyan and Elena Leiko**

PARTNERS:



All-Russian Professional Psychotherapeutic League



German Balint Society



The UK Balint Society



Serbian Balint Society



Armenian Balint Society



Russian-Armenian (Slavonic) University's Psychology Chair



**The Chair of Nursing Management and Social Work,
Institute of Psychology and Social Work,
Russian Health Ministry's I
.M. Sechenov First Moscow State Medical University**



**The Chair of General and Clinical Psychology, Russian Health Ministry's
Volga State Medical Research University, Nizhny Novgorod**



No1 N.A. Alekseyev Psychiatric Clinic, Moscow Healthcare Department

FOR ALL THE QUESTIONS REGARDING THE CONFERENCE CONTACT

ANZHELA AVAGIMYAN

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